

Dr. Kant Shah MBBS MRCS Edinburgh DNB Paediatric Surgery

Paediatric General, Laparoscopic & Robotic Surgeon

Paediatric Oncosurgeon

Private Clinic: D-2, Plot 538, Sector 5, Charkop, Kandivali West, near Dena Bank

Visiting Consultant: Nanavati hospital, Wockhardt hospital, Cloudnine hospital, Namaha hospital

Bladder Diary

Please maintain this diary to help us understand how the urinary bladder of your child is working. You are supposed to record data for 24 hours (eg. 6 am to 6am) a few days before you see us. To make entries, you will need a beaker (plastic measuring jar) to ask your child to pass urine into it. Then record the volume against the time of the day that your child passes the urine. Also indicate how much water or fluids your child drank and at what times. Finally, if there were any accidents when the child passed urine without his/her knowledge or was not able to hold back, then tick mark on the 'leak' column for the respective time of the day. If your child has problems with constipation or loose stools then please tick that too.

Eg.

If your child passed 130 mL urine at 7.15 am, then drank 150 mL milk at 8.30 am and then 100 mL water at 9.30 am, then passed 75 mL urine at 11 am and drank 170 mL juice at 1 pm but then had an accident (urine leak) at 2 pm then you will record it like this –

Time of the day	Urine passed (mL)	Liquids drank (mL)	Leakage of urine (Tick ✓ if yes)	Stools passed (Tick ✓ if yes)
6 am				
7 am	130			
8 am		150 milk		
9 am		100 water		
10 am				✓ - hard
11 am	75			
12 pm				
1 pm		170 juice		✓ - loose
2 pm			✓	
3 pm				

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Bladder diary

Name of child:

Date of record:

Time of the day	Urine passed (mL)	Liquids drank (mL)	Leakage of urine (Tick ✓ if yes)	Stools passed (Tick ✓ if yes)
6 am				
7 am				
8 am				
9 am				
10 am				
11 am				
12 pm				
1 pm				
2 pm				
3 pm				
4 pm				
5 pm				
6 pm				
7 pm				
8 pm				
9 pm				
10 pm				
11 pm				
12 am				
1 am				
2 am				
3 am				
4 am				
5 am				
6 am				